6:00 PM – Arrive early in order to complete any registration information, view recommended books, answer questions, and play awareness games that are so important to navigation.

**6:15 PM – Top 10 Lostproofing Skills:** The most important skill for lostproofing is awareness. In fact, some people say there is no such thing as being lost, just being unaware, so we will practice skills to improve your spacial recognition including wide-angle vision, expanded hearing, and new ways of walking appropriate to various environments, among other skills such as reviewing the 10 Packing Essentials and risk management tips shared from our Search & Rescue background.

**6:45 PM – Top 10 Orienteering Skills:** You will be amazed by some of the incredible ways to find north-south-east-west in order to walk in a straight line toward your destination on a map. One of our favorite is floating a leaf in water, and placing a pin on the leaf. Amazingly, it points to magnetic north. We’ll demonstrate that, and some other ways to orient yourself to the cardinal directions in city and wilderness, from GPS to the stars.

**7:15 PM – Top 10 Navigation Skills:** There are some very important skills to learn in order to negotiate your way through nature without map or compass. For instance, do you know how to follow the contours of a hill in order to stay above thick brush and away from steep cliffs? How about lining up landmarks in order to go straight? We’ll talk about these skills and practice others as allowed by time and location.

**7:45 PM – Map & Compass Field Training:** No matter whether you have GPS or not, the crux of these skills is understanding map and compass. Our method of using map and compass should allay your fears, even when it comes to contour lines and magnetic declination. We are going to transition to a big, near-by commuter parking lot to practice navigating withi compasses, as well as we helping you test to see if you are “right or left dominant” because when walking in nature, most people continually veer left or right when they actually want to go straight. Key to navigating in nature is learning how to compensate for your dominance.

8:45 PM – Resources & Questions: As you can tell, we really pack in the knowledge, so we allow wiggle room at the end of class to review skills that you wanted to cover more deeply. Please join Chris & Kim after class to review experiences, browse resources, discuss feedback, and brainstorm ideas for the future. Email or Call us at any time with any questions and requests.